

Research project: Fashion Break Intervention

Participant Information Sheet

About this study

This study is part of my research on the PgCert Academic Practice in Art, Design and Communication at UAL.

I am conducting an activity to explore inclusivity and social justice within challenging units, using a collaborative approach and generous pedagogy to reduce student stress. My focus is on students' experiences regarding submissions and overall unit engagement in the *Personal and Professional Development* (PPD) unit in Year 2 of the BA Womenswear course.

This research will document, evaluate, and analyse students' responses to an activity designed to encourage them to take breaks from their projects, aimed at supporting stress management. The methodology will be qualitative, employing a responsive evaluation approach. It will involve an in-class activity and a focus group with groups A and B in Year 2. Responses will be analysed thematically, sentimentally, comparatively, narratively, and through discourse analysis.

What does it mean to take part?

If you take part, you are consenting to taking part in a focus group. The focus group may take between 20-30 minutes. I will document the participation by taking pictures and collecting work produced in the intervention for further analysis. The data will be used as the basis for academic analysis, and completely anonymous.

If you choose to take part, you will be free to withdraw your participation at any point. You will not be obliged to give any reason for deciding not to take part.

Will my participation be kept confidential?

Your anonymity is very important. The information about you will be confidential to me, as the researcher. You will not be identified individually anywhere in the research. If I quote anything you have said in an interview, it will be anonymous. An example might be: 'Tutor A said 'The project is...'.

What will happen to the results of the research project?

Analysis from the focus group - including quotations from you – will contribute to an academic dissertation. Your words may also be used in academic reports, presentation slides, papers or conference presentations. These may appear online.

Thank you for your contribution and participation in this study.

Contact for further information:

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